

**Mt. Lebanon Recreation Department
Tennis Clinics and Private Tennis Lessons
Return to Play Plan
COVID-19 Health and Safety Guidelines**

**Updated 04-30-2021
Effective 05-01-2021**

The Tennis Center will continue offering private and small group instruction under strict guidelines to protect the health and safety of our patrons and staff.

Advanced registration is required. Advanced registration is required for all instructional programming. Registration for group instruction is available online at <https://mtlrec.activityreg.com/>. Private lessons may be scheduled by calling the tennis center at (412) 343-3411. If you know your instructor's phone number, you may contact him or her directly.

Arrival and departure instructions- Participants should arrive promptly at the scheduled time for their lesson. Please avoid arriving early. There is no need to go to the tennis center building. Go directly to your designated court. If there are players on the court, participants should see the attendant in the Tennis Center building. Leave promptly at the end of your lesson. Parents should pick up children promptly at the end of the lesson.

Spectators- During tennis clinics, each participant may have up to two spectators. Spectators must observe social distancing at all times. No other spectators are permitted. Note: If you are fully vaccinated, you may gather in small groups with other fully vaccinated family and friends.

Younger children- Children 10 and younger must be dropped off and picked up at their designated court by a parent or guardian. Please be prompt. Children 10 and younger will not be released without a parent or guardian present. Regardless of age, children must be capable of observing all the rules and regulations while at the tennis center.

Mask Requirements- Masks are required whenever you cannot maintain at least 6 feet of distance from those who do not live in your household. Please wear your mask around the tennis center building, and when walking to and from courts. Participants will be required to wear masks while on the courts playing. Note: If you are fully vaccinated a mask is not required while outdoors.

Practice physical distancing- Physical distancing among participants, instructors and employees will be enforced at all times. Please stay 6 feet apart from others at all times. No handshakes and no high fives. Note: If you are fully vaccinated, you may gather in small groups with other fully vaccinated family and friends.

No shared equipment- Do not share rackets and other equipment. Players are required to bring their own tennis rackets, water bottles, towels, and any other necessary equipment.

No large groups- Do not gather or linger at the facility. Please leave as soon as your lesson has ended.

Maintain cleanliness- High touch areas will be cleaned routinely in accordance with guidelines issued by the Centers for Disease Control and Prevention (CDC).

Signage- Appropriate signage will be in place to direct patrons and explain proper procedures, as well as to explain distancing, masking and other requirements.

Protection for employees- Employees will be given masks and gloves and provided access to regular handwashing with soap, hand sanitizer and disinfectant wipes. **The tennis center building is off limits to customers with the exception of the exterior first floor restrooms.**

Restrooms- The first floor restrooms will be available for emergency use and will be sanitized regularly. All other restrooms will remain closed.

Sanitization- In addition to cleaning and sanitizing the facilities, a hand sanitizing station and sanitizing wipes will be provided. Please wash or sanitize hands often, including before and after play.

Bring a water bottle with plenty of water. Vending machines and the drinking fountain are closed. Team water coolers for sharing through disposable cups are not allowed.

In general, protect yourself and others. Don't come to the tennis center if you feel sick or are otherwise at risk. Bring hand sanitizer with you and use it often. Practice good hygiene by covering coughs or sneezes with a sleeve or elbow. Avoid any other activities that increase the risk of exposure to saliva, such as chewing gum, spitting, licking your fingers, etc.

COVID-19 symptoms and monitoring- Stay home if you have a fever (temperature of 100.4 or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea. Notify your instructor immediately if you experience these symptoms during your lesson. Parents will be notified immediately if a child is sick. **Parents must monitor for these symptoms and take their child's temperature prior to each lesson. Do not send your child to their lesson with any of these symptoms.**

Instructors will also check their own temperature before each class starts and monitor players for symptoms during lessons. Instructors will be required to self-report any symptoms should they begin to experience symptoms during the clinic.

Hand sanitizing- Instructors and players will be required to use hand sanitizer containing at least 60% alcohol during water breaks and after using the restrooms. Participants are expected to bring their own sanitizer each day. Instructors will enforce hand sanitizing.

Tennis Clinic Operations-Tennis clinic participants will remain with the same group of players each time they come. We will do our best to have the same instructor each time the clinic meets. Ratio of players to instructors will be 6:1 or lower. The maximum number of people to a court will be 7.

Mt. Lebanon Recreation Department Plan of Action for COVID-19 Related Illness:

- Should a program participant, employee, instructor, visitor or volunteer display COVID-19 symptoms during a recreation department program, he/she should be immediately removed from the group, masked if not already, and isolated. If the person who is ill is a minor, the parent or guardian will be notified immediately, and they will need to pick up their child as soon as possible. Testing for COVID-19 will be recommended to the person who is ill.
- The COVID-19 point person for the Recreation Department will contact the Allegheny County Health Department, get their determination about isolation or quarantine needs, and comply with those recommendations.
- Employees or instructors who are uncomfortable or unable to return will be directed to the Human Resources Manager.
- Areas used by a sick person will be closed and not used until they have been cleaned and disinfected (for outdoor areas, this includes surfaces or shared objects in the area, if applicable). We will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, we will wait as long as possible.
- Those who have had close contact with a person diagnosed with COVID-19 will be advised to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop.

COVID Point of Contact- Hank Hughes is the recreation staff person responsible for responding to COVID-19 concerns. You may contact him at: 412-343-3411 or hhughes@mtlebanon.org. If you or someone in your household has been exposed to a probable or confirmed case of COVID-19, please contact him immediately.

Questions?- If you have any questions, you may call the tennis center at (412) 343-3411.

All rules and policies are subject to change. Failure to follow these instructions will be grounds for revoking tennis and/or spectator privileges.