

Mt. Lebanon Recreation Department
Return to Play Plan
COVID-19 Health and Safety Guidelines
Baseball Clinics

The Mt. Lebanon Recreation Department will resume offering Baseball Clinics under strict guidelines to protect the health and safety of our patrons and staff.

Advanced registration is required. Advanced online registration is required for at all times in order to control numbers, prevent crowding and enable physical distancing.

Arrival and departure instructions- Participants will arrive no earlier than 5 minutes prior to their camp or program and all must leave the area at the conclusion of the camp. Parents will be asked to remain in the vehicle while dropping off or picking up their child.

If a child is too young to proceed to the field on their own, one parent may escort their child to the camp director or adult volunteer in charge of taking attendance. Drop off and pick up for the weekly Baseball Clinics will be at Middle Field home plate for ages 7 – 10 and at Middle Field left field entrance for ages 11 – 15. One parent may escort their child 10 or under to home plate.

Regardless of age, children must be capable of observing all the rules and regulations while attending our programs.

Mask Requirements- Masks are required for instructors and volunteers at all times. Participants will be required to wear masks when walking to and from the fields. Masks will be encouraged while participants are on the fields, but not enforced.

Practice physical distancing- Physical distancing among parents, participants, instructors and employees will be encouraged at all times. Please stay 6 feet apart from others at all times possible. No handshakes and no high fives. There will be times during activities on the field when participants will be closer than 6 feet.

Limit shared equipment- The majority of equipment will not be shared. Participants are required to bring their own gloves, bats, water bottles, and any other equipment deemed necessary for their respective program.

Baseballs - Baseballs provided by the instructor will be sanitized at the end of each day. Balls will be thrown back and forth among staff and participants. This is unavoidable.

Activity Modification- Camps will be modified to mitigate the risk of spreading the virus. The Baseball Clinics will focus on individual skill building utilizing drills that limit or eliminate any contact. Any games will be reduced to 20% of the clinic time to limit potential for any contact.

No large groups- Do not gather or linger at the facility. Please leave as soon as your program has ended.

Elimination of touch points- Picnic tables and the drinking fountain are closed and marked with caution tape.

Maintain cleanliness- We will clean and disinfect high touch areas routinely in accordance with guidelines issued by the Centers for Disease Control and Prevention (CDC).

Signage- Appropriate signage will be in place to direct patrons and inform them of the proper procedures, as well as to remind them of distancing, masking and other requirements.

Protection for employees- Employees will be provided access to regular handwashing with soap, hand sanitizer and disinfectant wipes. Masks and gloves will also be provided to employees.

Restroom- Restrooms located on either side of the concession stand will be provided for emergency use and sanitized regularly. There is also a porta-john on site that can be used in an emergency. Please have your child use the restroom before they leave the house.

Sanitization- Participants are to bring their own sanitizer containing at least 60% alcohol. Instructors will encourage regular use.

Non-essential visitors are prohibited- To help prevent crowding, all non-essential visitors to the fields during programs are prohibited.

Bring a refillable water bottle. Vending machines are closed. Team water coolers for sharing through disposable cups are not allowed.

Departure instructions- Make sure your mask is in place and leave the field in a timely manner at your designated pick up location.

COVID-19 symptoms and monitoring- Stay home if you have a fever (temperature of 100.4 or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea. Stay home if you have these symptoms. Notify your instructor immediately if you experience these symptoms during your program. Parents will be notified immediately if a child is sick. **Parents must monitor for these symptoms and take their child's temperature each day prior to attending the program. Do not send you child to their program with any of these symptoms.**

Instructors will also check their own temperature before each session starts and monitor participants for symptoms during daily activities.

Instructors will be required to self-report any symptoms should they begin to experience symptoms during the program.

Hand Sanitizing- Instructors and participants will be required to use hand sanitizer, containing at least 60% alcohol, during water breaks and after using the restrooms. Instructors will enforce hand sanitizing.

In general, protect yourself and others. Don't come to the program if you feel sick or are otherwise at risk. Practice good hygiene by covering coughs or sneezes with a sleeve or elbow. Avoid any other activities that increase the risk of exposure to saliva, such as chewing gum, spitting, licking your fingers, etc.

Program Operations:

- Participants will remain with the same group each time they come. We will do our best to have the same instructor each time the program meets.
- Ratio of participants to instructors will be 10:1 or lower
- Adequate time will be scheduled between programs to allow for cleaning and disinfection and to minimize interaction between participants.
- Participants will be asked to wait in their cars until just before the clinic starts, and go directly to their cars when the program is over.
- Failure to follow these rules or directives from instructors is grounds for loss of program privileges.

Mt. Lebanon Recreation Department Plan of Action for COVID-19 Related Illness

- Should a program participant, employee, instructor, visitor or volunteer display COVID-19 symptoms during a recreation department program, he/she should be immediately removed from the group, masked if not already, and isolated. If the person who is ill is a minor, the parent or guardian will be notified immediately and they will need to pick up their child as soon as possible. Testing for COVID-19 will be recommended to the person who is ill.

- The COVID-19 point person for the Recreation Department will contact the Allegheny County Health Department, get their determination about isolation or quarantine needs, and comply with those recommendations.
- The ill person who demonstrates COVID-19 symptoms will be required to have a release from their health provider and the Allegheny County Health Department before they can return to activities.
- Employees or instructors who are uncomfortable or unable to return will be directed to the Human Resources Manager.
- A Municipal communication to the community will occur should a recreation department program participant, employee, instructor, visitor or volunteer be confirmed with COVID-19, and any subsequent adjustments to the Health and Safety Plan would be included in that communication.
- Areas used by a sick person will be closed and not used until they have been cleaned and disinfected (for outdoor areas, this includes surfaces or shared objects in the area, if applicable). We will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, we will wait as long as possible.
- Those who have had [close contact](#) with a person diagnosed with COVID-19 will be advised to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop.

COVID Point of Contact- Patrick Cannon is the recreation staff person responsible for responding to COVID-19 concerns. You may contact him at: 412-343-4513 or pcannon@mtlebanon.org. If you or someone in your household has been exposed to a probable or confirmed case of COVID-19, please contact him immediately.

Questions?- If you have any questions, you may call the recreation center at (412) 343-3409.

All rules and policies are subject to change. Failure to follow these instructions will be grounds for revoking program privileges.