

**Mt. Lebanon Recreation Department  
Tennis Clinics and Private Tennis Lessons  
Return to Play Plan  
COVID-19 Health and Safety Guidelines  
Updated 03-03-2021  
Effective 03-03-2021**

The Tennis Center will continue offering private and small group instruction in the tennis bubbles under strict guidelines to protect the health and safety of our patrons and staff.

**Advanced registration is required.** Advanced registration is required for all instructional programming. Registration for group instruction is available online at [https://mtlrec.activityreg.com/ClientPage\\_t2.wcs](https://mtlrec.activityreg.com/ClientPage_t2.wcs). Private lessons may be scheduled by calling the tennis center at (412) 343-3411. If you know your instructor's phone number, you may contact them directly.

**Arrival and departure instructions-** Participants will arrive promptly at the scheduled time for their lesson. Please avoid arriving early. There is no need to go to the tennis center building. Go directly to your designated court. If there are players on the court, participants should see the attendant in the Tennis Center building. Leave promptly at the end of your lesson. Parents should pick up children promptly at the end of their lesson.

**Younger children-** A parent may accompany a child age 10 or younger into the facility to the court designated for the lesson. Parents must wait outside of the facility until the class is over. **Children 10 and younger must be picked up in their designated bubble, promptly at the end of the lesson. Children 10 and younger will not be released without a parent or guardian present.** Regardless of age, children must be capable of observing all the rules and regulations while at the tennis center.

**Mask Requirements-** Everyone must wear a mask in and around the tennis center at all times. This includes while on the courts and actively playing.

**Practice physical distancing-** Physical distancing among participants, instructors and employees will be enforced at all times. Please stay 6 feet apart from others at all times. No handshakes and no high fives.

**No shared equipment-** Do not share rackets and other equipment. Players are required to bring their own tennis rackets, water bottles, towels, and any other equipment deemed necessary.

**Tennis balls-** Participant contact with tennis balls will be limited. Participants will move balls with their rackets or feet. Serving practice will be limited and optional. If students are serving, they should sanitize their hands after serving practice has ended.

**No large groups-** Do not gather or linger at the facility. Please leave as soon as your lesson has ended.

**Maintain cleanliness-** High touch areas will be cleaned routinely in accordance with guidelines issued by the Centers for Disease Control and Prevention (CDC).

**Signage-** Appropriate signage will be in place to direct patrons and inform them of the proper procedures, as well as to remind them of distancing, masking and other requirements.

**Protection for employees-** Employees will be provided access to regular handwashing with soap, hand sanitizer and disinfectant wipes. Masks and gloves will also be provided to employees. **The tennis center building is off limits to customers with the exception of the exterior first floor restrooms for emergency use only.**

**Non-essential visitors are prohibited-** To help prevent crowding, all non-essential visitors to the tennis center are prohibited.

**Bring a water bottle with plenty of water. Vending machines and the drinking fountain are closed. Team water coolers for sharing through disposable cups are not allowed.**

**COVID-19 symptoms and monitoring-** Stay home if you have a fever (temperature of 100.4 or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea. Notify your instructor immediately if you experience these symptoms during your lesson. Parents will be notified immediately if a child is sick. **Parents must monitor for these symptoms and take their child's temperature prior to each lesson. Do not send your child to their lesson with any of these symptoms.**

Instructors will also check their own temperature before each class starts and monitor players for symptoms during lessons.

Instructors will be required to self-report any symptoms should they begin to experience symptoms during the clinic.

**Hand sanitizing-** Instructors and players will be required to use hand sanitizer, containing at least 60% alcohol, during water breaks and after using the restrooms. Participants are expected to bring their own sanitizer each day. Hand sanitizing will be enforced by the instructors.

**In general, protect yourself and others.** Don't come to the tennis center if you feel sick or are otherwise at risk. Bring hand sanitizer with you and use it often. Practice good hygiene by covering coughs or sneezes with a sleeve or elbow. Avoid any other activities that increase the risk of exposure to saliva, such as chewing gum, spitting, licking your fingers, etc.

#### **Tennis Clinic Operations:**

- Tennis clinic participants will remain with the same group of players each time they come. We will do our best to have the same instructor each time the clinic meets.
- Ratio of players to instructors will be 6:1 or lower. The maximum number of people to a court will be 7.
- Adequate time will be scheduled between clinics to allow for facilities to be cleaned and disinfected and to minimize interaction between players.
- Players will be asked to wait in their cars until just before the clinic starts, and go directly to their cars when the clinic is over.
- Failure to follow these rules or directives from instructors is grounds for loss of tennis privileges.

#### **Mt. Lebanon Recreation Department Plan of Action for COVID-19 Related Illness**

- Should a program participant, employee, instructor, visitor or volunteer display COVID-19 symptoms during a recreation department program, he/she should be immediately removed from the group, masked if not already, and isolated. If the person who is ill is a minor, the parent or guardian will be notified immediately, and they will need to pick up their child as soon as possible. Testing for COVID-19 will be recommended to the person who is ill.
- The COVID-19 point person for the Recreation Department will contact the Allegheny County Health Department, get their determination about isolation or quarantine needs, and comply with those recommendations.
- Employees or instructors who are uncomfortable or unable to return will be directed to the Human Resources Manager.
- Areas used by a sick person will be closed and not used until they have been cleaned and disinfected (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).

We will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, we will wait as long as possible.

- Those who have had close contact with a person diagnosed with COVID-19 will be advised to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop.

**COVID Point of Contact-** Hank Hughes is the recreation staff person responsible for responding to COVID-19 concerns. You may contact him at: 412-343-3411 or [hhughes@mtlebanon.org](mailto:hhughes@mtlebanon.org). If you or someone in your household has been exposed to a probable or confirmed case of COVID-19, please contact him immediately.

**Questions?-** If you have any questions, you may call the tennis center at (412) 343-3411.

**All rules and policies are subject to change. Failure to follow these instructions will be grounds for revoking tennis privileges.**